

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday



Saturday



JUNE 2012

ILU ACTIVITIES



3 1:00 Wii Bowling 2:30 Movie 7:00 Bingo	4 1:00 Mohjong- East Wing	5 11:00 ILU/ALU Shuffleboard 1:00 Trip to Walmart 2:45 Chair Aerobics – SC	6 10:00 Resident Meeting – SC 1:00 Scrabble – East Wing 50/50 Raffle 4:30 Cocktail Party 5:00 Clam Bake – w/guitarist Peter Yakel ILU Patio	7 10:15 Stretch Sittercise – SC 10:00 Coffee Klatch – Café 11:30 Dep. – Mac-Haydn Theatre – Oliver 1:30 – Gentle Yoga – SC	8 1:00 Trip to Hannaford 11:30 – Activities/Social Committee – AR	9 11:00 Dep. – The Anvil Inn – Ft. Edward 1:00 Wii Bowling 6:45 Board Games
10 1:00 Wii Bowling 1:00 Dep. – <i>Murder at Weatherfield</i> – Sand Lake Center for the Arts 2:30 Movie 7:00 Bingo	11 11:30 – Newsletter Committee – AR 1:00 Mohjong- East Wing 2:00 PM – Over the Hill Gang Singers – SC	12 1:00 Trip to Walmart 2:45 NO Chair Aerobics – SC 1:30 Dep. – Albany Aqua Duck Tour 2:00 Gardening Committee Mtg.	13 1:00 Scrabble – East Wing 2:30 – Book Club - AR 50/50 Raffle 4:30 Cocktail Party	14 10:00 Stretch Sittercise – SC 10:00 Coffee Klatch – Café 11:30 Dep. – Mountain View Brasserie <small>Flag Day (US)</small>	15 10:30 Food Committee 1:00 Trip to Hannaford 6:45 Table Topics (Fireside Lounge) 	16 11:30 Dep. – The Arlington House 1:00 NO Wii Bowling 6:45 Board Games
17 1:00 Wii Bowling 2:30 Movie 5:00 Father's Day Cookout – ILU Patio 7:00 Bingo <small>Father's Day</small>	18 1:00 Mohjong- East Wing	19 11:00 ILU/ALU Shuffleboard 1:00 Trip to Walmart 1:00 – 3:00 – Memoir Writing Workshop – AR 2:45 Chair Aerobics – SC	20 10:30 – MASS – SC 1:00 Scrabble – East Wing 50/50 Raffle 4:30 Cocktail Party	21 10:15 Stretch Sittercise – SC 10:00 Coffee Klatch – Café 11:30 Dep. – Mac-Haydn - Brigadoon 1:30 – Gentle Yoga SC 6:00 Bagpipes – Drummer – ILU Patio <small>Summer Begins</small>	22 1:00 Trip to Hannaford 	23 1:00 Wii Bowling 6:45 Board Games
24 1:00 Wii Bowling 1:00 Dep. – MASS MOCA Museum Trip 2:30 Movie 7:00 Bingo	25 1:00 Mohjong- East Wing	26 1:00 Trip to Walmart 2:45 Chair Aerobics – SC 6:00 PM – Joshua Wein – Sailing Into Summer Piano Concert	27 1:00 Scrabble – East Wing 50/50 Raffle 2:30 – 3:30 – Massage by Appt. 4:30 Cocktail Party	28 10:00 Stretch Sittercise – SC 10:00 Coffee Klatch – Café 10:30 Dep. – Lunch (TBD) and Vanderbilt Mansion in Hyde Park	29 1:00 Trip to Hannaford 11:00 Resident Council Meeting	30 1:00 Wii Bowling 6:45 Board Games